



**Tuesday (Continued)**

6:00 PM	No Name Group Junkman Knobel 1014 West 4th St. Waterloo, Iowa O – NS – H
7:00 PM	Participation Meeting St. James Church 206 2 <sup>nd</sup> Ave NE Independence, Iowa O – NS – H
8:00 PM	Topic Meeting Fallout Shelter 100 E. Bremer Waverly, Iowa O – S

**Wednesday**

12:15 PM	Basic NA Group Participation Meeting Faith Temple Baptist Church 415 Walnut St ( <i>Use Lime St. Door</i> ) Waterloo, Iowa O – NS – H
7:30 PM	G.O.T.H Group Participation Meeting Faith Temple Baptist Church 415 Walnut St ( <i>Use Lime St. Door</i> ) Waterloo, Iowa O – NS – H

**Thursday**

12:15 PM	Basic NA Group Participation Meeting Faith Temple Baptist Church 415 Walnut St ( <i>Use Lime St. Door</i> ) Waterloo, Iowa O – NS – H
6:00 PM	Laid-Back Group 1 <sup>st</sup> Baptist Church West 4 <sup>th</sup> & Baltimore. Waterloo, Iowa O – NS – H

**Thursday (Continued)**

7:00 PM	Ask the Basket Alano Club 517 1 <sup>st</sup> St. NE Oelwein, Iowa O – NS
7:30 PM	NA @ JKC - Participation Junkman Knobel 1014 West Fourth St. Waterloo, Iowa O – NS – H

**Friday**

12:15 PM	Basic NA Group Literature Study Faith Temple Baptist Church 415 Walnut St ( <i>Use Lime St. Door</i> ) Waterloo, Iowa O – NS – H
7:00 PM	Participation Meeting St. Paul's Church 612 West 3 <sup>rd</sup> St. Sumner, Iowa O – NS
8:30 PM	End of the Road Group Participation/Speaker Meeting Jubilee Methodist Church E 4 <sup>th</sup> and Newell Basic Text Study at 7:00pm Waterloo, Iowa O – NS – H

**Saturday**

12:15 PM	Basic NA Group (1 1/2 Hour) Participation Meeting Faith Temple Baptist Church 415 Walnut St ( <i>Use Lime St. Door</i> ) Waterloo, Iowa O – NS – H
7:00 PM	Do It Group Step/Tradition Study Alano Club 517 1 <sup>st</sup> St NE Oelwein, Iowa O – NS
8:00 PM	Candlelight Faith Temple Baptist Church 415 Walnut St ( <i>Use Lime St. Door</i> ) Waterloo, Iowa

**What is the Narcotics Anonymous Program?**

NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work.

There are no strings attached to NA. We are not affiliated with any other organizations, we have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious, or law enforcement groups, and are under no surveillance at any time. Anyone may join us, regardless of age, race, sexual identity, creed, religion or lack of religion.

We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.